



YOGA WEEKEND — GRAZ —

6.7.8 November 2026

YOGA
BREATHWORK
COMMUNITY
MAGIC



GET YOUR TICKET →



6 · 7 · 8
NOV 2026



GRAZ



INTERNATIONAL
TEACHERS



yogaweekend.org





YOGA WEEKEND — GRAZ —

INTERNATIONAL
& LOCAL
TEACHERS



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FRIDAY 6 NOVEMBER

15:00–16:30

Welcome Circle & Opening Flow

Arrive together.
Feel. Breathe. Connect.
with Alexandra & Andrea



16:45–17:45

Breathwork Journey: Tummo / Wim Hof

with Béatrice & Laurent



18:00–20:00

Come Together

Concert & Singing Circle
+ Open Jam
with Patricia



20:00–21:30

5Rhythms Dance

with Stefania



SATURDAY 7 NOVEMBER

07:30–08:45

Sunrise Flow with Béatrice



09:00–10:00

Core Flow with Katrin



10:30–12:00

Body & Mind Centering with Roya



12:00–13:00

Break



13:00–14:15

Achtsamkeit & Nidra with Béatrice



14:30–16:00

Masterclass Mika – Dynamic with Mika



17:15–18:30

Yin · Stretch · Relax with Béatrice



19:00–21:00

CLOSE YOUR EYES

A Frequency Journey
Release. Receive. Feel.
with Mika



SUNDAY 8 NOVEMBER

07:30–08:45

Yoga & Brunch with Béatrice



09:30–12:00

Masterclass Mika – Feel with Mika



12:00–13:00

Break



13:00–14:00

Mika's Workshop with Mika



14:15–15:15

Pilates with Ella



15:30–16:45

Arrive in Your Body - Clear Your Mind Breathwork Journey with Nina



17:00–18:00

Cacao & Connection Circle with Nina



18:00

Closing



TICKETS



CHOOSE YOUR
EXPERIENCE



SINGLE CLASS
from €20



MASTERCLASS
€45



FRIDAY PASS

€55



SATURDAY PASS

€75



SUNDAY PASS

€65



WEEKEND PASS
SAT + SUN

€120



FULL FESTIVAL PASS
FRI + SAT + SUN

€155

YOGA · BREATH · CONNECTION · COMMUNITY · MAGIC



GET YOUR TICKET →

yogaweekend.org



3 DAYS
YOGA
FESTIVAL

YOGA. MOVEMENT. BREATH. COMMUNITY. MAGIC.

*A weekend to reconnect
with yourself & kindred spirits.*



WHAT AWAITS YOU



YOGA
Dynamic.
Gentle & Yin
Practices.



BREATHWORK
Release.
Rebalance.
Feel.



MASTERCLASSES
Inspiring
International
Teachers.



**ECSTATIC
DANCE**
Move. Liberate.
Celebrate.



**MANTRA
CIRCLE**
Connection.
Music.
Community.



**CACAO
CEREMONY**
Open Heart.
Deepen.



**YOGA
BRUNCH**
Nourish.
Enjoy.
Together.

Program & Tickets



SCAN ME &
DISCOVER
THE FULL
PROGRAM

yogaweekend.org



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LIMITED TICKETS





“happiness”



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